

List of Chains of 20 or more Food Service Premises per the definition in the *Healthy Menu Choices Act, 2015*

Originally based on data from: March 2019

The *Healthy Menu Choices Act, 2015* and its accompanying Ontario Regulation 50/16 (referred to collectively as “HMCA”) came into force on January 1, 2017. The HMCA requires food service premises with 20 or more locations in Ontario to post calories on their menus. This helps Ontarians make healthier food and beverage choices when dining or ordering out and also helps raise public awareness about the calorie content of food and beverages prepared outside the home.

For the purpose of the HMCA, regulated food service premises include:

- Chains of 20 or more food service premises in Ontario that operate under the same or substantially the same name, regardless of ownership, and that offer the same or substantially the same standard food items; and
- Cafeteria-style food service premises that sell food to the general public and that are owned or operated by a person that owns or operates 20 or more cafeteria-style food service premises in Ontario are regulated food service premises for the purposes of the HMCA.

Note that “food service premises” is defined in the HMCA as “any food premise within the meaning of the *Health Protection and Promotion Act* where meals or meal portions are prepared for immediate consumption or sold or served in a form that will permit immediate consumption on the premises or elsewhere.” Note as well that the Lieutenant Governor in Council (“LGIC”) may make regulations to provide that a food service premises is a regulated food service premises for purposes of the HMCA.

To support implementation, the Ontario Ministry of Health (“ministry”) committed to identify chains of 20 or more food service premises that would be regulated under the HMCA. To that effect, we annually collect food service premises data from Public Health Units to assess the number of premises under each brand name and owner or operator, and conduct additional verification.

This list identifies chains of 20 or more food service premises that would be regulated food service premises provided they meet the conditions per the definition on the HMCA.

This list is based on food service premises information collected in November 2017 as well as an additional verification process conducted by the ministry. It is not intended to be comprehensive.

Premises on this list are only subject to the requirements of the HMCA if they sell or offer for sale restaurant-type standard food items that are standardized for portion and content. Please refer to the [Healthy Menu Choices Act, 2015](#) and its [Ontario Regulation 50/16](#) for further information.

Owners or operators of chains of 20 or more locations or inspectors can contact the ministry regarding any additions or removals from this list by emailing menulabelling@ontario.ca.

**List of Chains of Food Service Premises per the Definition in the *Healthy Menu Choices Act, 2015*
Based on data from November 2017**

2-4-1 Pizza	Captain George's Fish and Chips	Eggsmart
7-Eleven	Chartwells**	Esso – On the Run/Tiger Express/Esso*
A&W	Chatime	Extreme Pita
AFC Sushi	Chuck's Roadhouse	Farm Boy
Ah So Sushi	Cineplex**	Fat Bastard Burrito
Ali Baba's Middle Eastern Cuisine	Cinnabon	Fionn MacCool's
Aramark**	Circle K/Mac's Convenience Stores	Firehouse Subs
Arby's	Cobs Bread	Firkin Pubs
Aroma Espresso Bar	Coco Fresh Tea & Juice	Fit For Life
Avondale Food Stores	Coffee Culture	Five Guys
Bar Burrito	Coffee Time	Food Basics
Baskin Robbins	Comfort Inn	Foodland
BeaverTails	Compass Group Canada**	Fortinos
Becker's Convenience	Cora	FreshCo
Bento Nouveau Company	Costco	Freshii
Big Bear	Country Style	Freshly Squeezed
Big Bee Convenience Store	Crabby Joe's	Freshmart
Booster Juice	Cultures	Gabriel Pizza
Boston Pizza	Dairy Queen	Gateway Newstand/ Gateway on the Go
Bourbon St. Grill	Daisy Mart	Giant Tiger
Brown's Dining Solutions**	Dana Hospitality**	Gino's Pizza
Burger King	David's Tea	Godfather's Pizza
Burrito Boyz	Days Inn	Halibut House
Canadian Hickory Farms	Domino's Pizza	Harvey's
Canadian Tire Gas*/Gas+	Double Double Pizza	Hasty Market
	Druxy's	Hero Burger
	East Side Mario's	Holiday Inn
	Edible Arrangements	

**List of Chains of Food Service Premises per the Definition in the *Healthy Menu Choices Act, 2015*
Based on data from November 2017**

Husky Gas*/Husky House Restaurant	Mister Convenience	Pizzaville
International News/INS	Montana's Cookhouse	Popeyes Louisiana Chicken
Jack Astor's	Moxie's Grill & Bar	Presotea
Jenny Craig	Mr. Gas*	Purdys Chocolatier
Jimmy The Greek	Mr. Greek	Quality Inn
Jug City	Mr. Sub	Quesada Burritos & Tacos
Kelsey's	Mucho Burrito	Quickie Convenience Stores
Kernels Popcorn	Nando's	Quiznos
KFC	Naples Pizza	Rabba Fine Foods
Kitchen Food Fair	New Orleans Pizza	Real Canadian Superstore
La Prep	New York Fries	Real Fruit Bubble Tea
Laura Secord	No Frills	Red Lobster Seafood Restaurants
Lazeez	OnRoute Market	Robin's Donuts
Lindt	Orange Julius	Second Cup
Little Caesars	Osmow's	Shell – Select, Shell*
Little Short Stop	Panago Pizza	Shoeless Joe's
Loblaws	Papa John's	Shopper's Drug Mart
Lone Star Texas Grill	Paramount Fine Foods	Smoke's Poutinerie
Longo's	Petro Canada-Neighbours/Petro Canada*/Petro Canada-SuperStop	Sobeys
MacEwen Petroleum*	Pioneer Energy*/Pioneer Snack Express	Sodexo**
Manchu Wok	Pita Land	South St. Burger Co.
Mandarin Restaurant	Pita Pit	St. Louis Wings Bar & Grill
Marble Slab Creamery	Pizza Depot	Starbucks
Mary Brown's	Pizza Hut	Subway
McDonalds	Pizza Nova	Sunset Grill
Menchie's	Pizza Pizza	Super 8 Motels
Metro	Pizzaiolo	
Milano Pizza		
Milestones		

**List of Chains of Food Service Premises per the Definition in the *Healthy Menu Choices Act, 2015*
Based on data from November 2017**

Swiss Chalet	Topper's Pizza	Wimpy's Diner
Symposium Cafe	Travelodge	Wing Machine
Taco Bell	Twice the Deal Pizza	Works Gourmet Burger Bistro (The)
Teriyaki Experience/Made in Japan	Ultramar*	Yogen Früz
Thai Express	Valu-Mart	Yogurty's Froyo Frozen Yogurt
The Keg	Villa Madina	Your Independent Grocer
Tim Hortons	Walmart	Yoyo's Yogurt Café
Timothy's	Wendy's	Zehrs Markets
	Wild Wing	
	Williams Fresh Cafe	

Total: 185

*Inclusion refers to the convenience or retail store operated in the gas station under that gas station's brand name.

**Inclusion refers to the cafeteria-style food service premises that sell food to the general public and that are owned or operated by a person that owns or operates 20 or more cafeteria-style food service premises in Ontario.

Note: Bolded names represent chains added in 2019, and names with a strikethrough represent chains removed in 2019.

Note that this identification of chains of 20 or more food service premises is intended for information purposes only. Although every reasonable effort is made to present current and accurate information (as of the date noted above) about regulated food service premises, the ministry makes no guarantees of any kind and cannot be held liable for any outdated or incorrect information. This information was compiled from third party information created and maintained by a variety of external sources, including public health units. The ministry does not control, monitor or guarantee the accuracy of the information prepared by third parties, and in no event should the ministry be responsible or liable directly or indirectly for any damage or loss caused or alleged to be caused by or in connection with the use of or reliance on any such information. Information on chains of 20 or more food service premises should not be used as a substitute for legal advice. It is your responsibility to research the accuracy, completeness and usefulness of the information below.

For inquiries about this list, please contact menulabelling@ontario.ca.